



SERVICE · EDUCATION · RESEARCH

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For-Credit Internship or Practicum in Systemic Family Therapy

Purpose - To orient the intern to the concepts and methods of systemic family therapy and to assist the intern in developing specific clinical skills to conduct systemic therapy.

Program Description

- Learning by observing: interns will have the opportunity to observe the clinical work of all the therapists on staff.
- Learning by reflecting: interns will participate on reflecting teams during the scheduled screenings (consultation interviews conducted by senior staff) and on an ad hoc basis.
- Learning by doing: interns will carry a clinical caseload of 10-20 families under live and videotape supervision. The intern is expected to treat a wide range of families and will be assigned a primary supervisor who is a family therapist on staff.
- Learning by attending weekly seminars on special topics, theory, and research as daily practice.
- Learning by sharing personal learnings in group processing discussions.

Program Expectations

- The for-credit internship begins the 2nd week of September and runs through the 2nd week of April (with an option to extend supervision until the end of May).
- Interns are expected to be on site 21 hours per week.
- Interns are required to participate in an academic seminar; "Family Systemic Approaches" that coincides with our systemic work at the Centre held by Dr. Tomm. This class is taught onsite during the fall term on Wednesday afternoons.
- A defined number of clinical interviews, observations of interviews (with and without contributing/reflecting), and supervisions are expected each week.
- While each intern will be assigned a primary supervisor, they will also receive supervision from others. CFTC has several clinical supervisors from different disciplines, all who have rich experiences in family therapy.

Admission Requirements

- Proof of registration in a Canadian masters or doctoral program, including transcripts.
- Up-to-date curriculum vitae.
- Letter of intent indicating objectives for the training experience.
- Two letters of recommendation from persons who are able to comment on candidate's present clinical expertise and potential as a therapist.

An interview will be arranged after the above requirements have been met. Applications will be processed as received. Early application is advised.